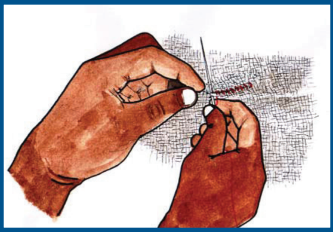
Utunzaji wa vyandarua vyenye dawa

Ni muhimu kutunza chandarua ili kuzuia mbu wasikuume na kidumu kwa muda mrefu zaidi.

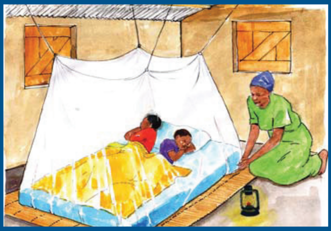
Namna ya kutunza chandarua chako

- Unapoamka asubuhi, kunja chandarua chako vizuri ili kisiharibike

- Ukifua chandarua, kianike kwenye kivuli mbali na mwanga wa jua
- Hakikisha unaanika kwenye eneo lisilokuwa na vitu vyenye ncha kali kama vijiti na miba



- Pindi unapoliona tundu kwenye chandarua, hakikisha unalishona kabla halijawa kubwa. Kushona chandarua ni rahisi sana, unaweza kushona kwa uzi na sindano ya mkono

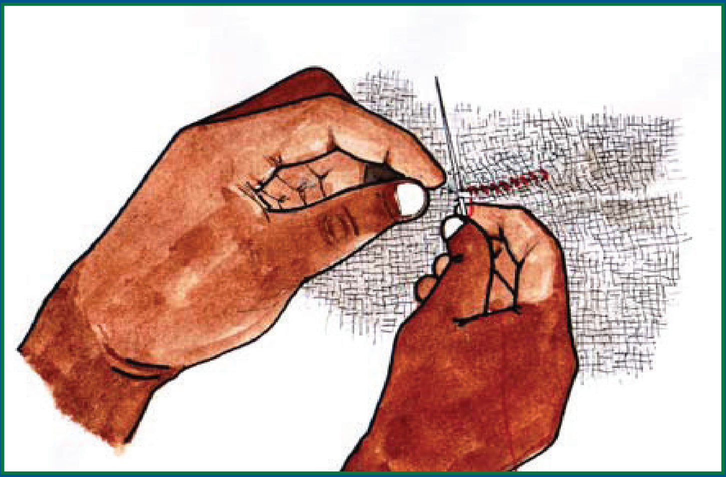


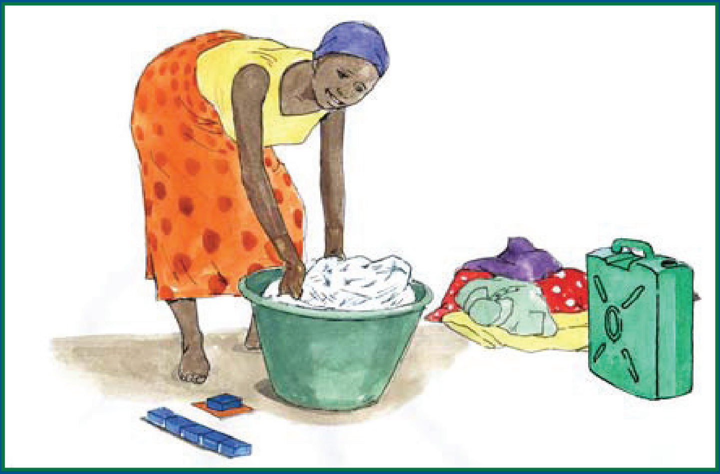
- Weka chandarua mbali na moto ili kisiungue

- Vyandarua vyenye dawa ya kudumu vinaweza kufuliwa mara nyingi lakini havihitaji kuwekwa tena dawa. Vyandarua hivi vimewekewa dawa ya kudumu muda mrefu wakati vinatengenezwa kiwandani

Utunzaji wa vyandarua vyenye dawa

Ni muhimu kutunza chandarua ili kuzuia mbu wasikuume na kidumu kwa muda mrefu zaidi.





USAID FROM THE AMERICAN PEOPLE | CDC

President's Malaria Initiative

Wizara ya Afya na Ustawi wa Jamii

JOHNS HOPKINS BLOOMBERG SCHOOL of PUBLIC HEALTH | Center for Communication Programs

PEPFAR